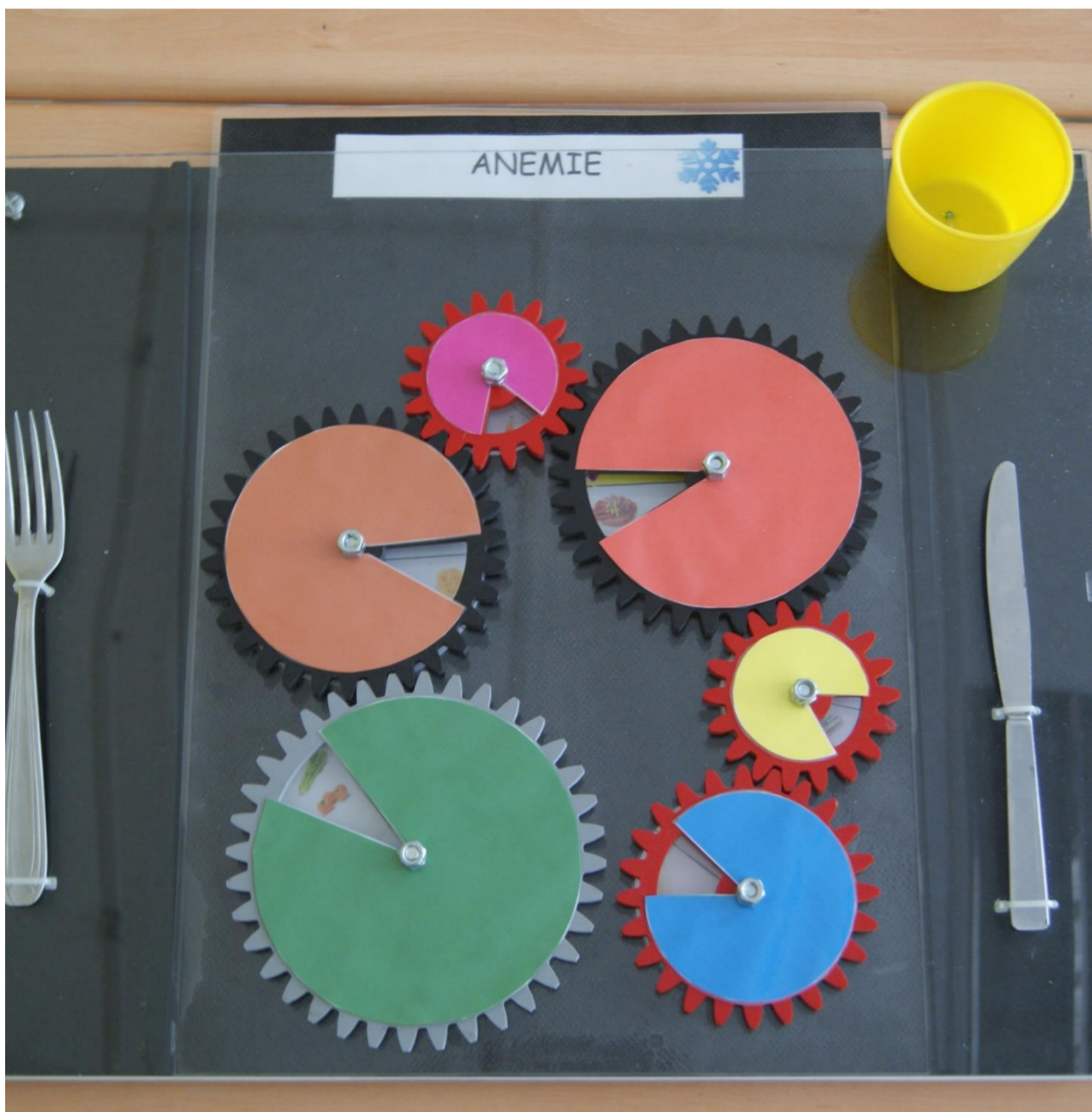


EASY FUNNY DIET.



★ FARE Nelly
BALAC Anne-Laure
VINSOT Carine

🏠 Collège Paul Eluard (FRANCE)
A project involving science,
maths, technology and English.
Contact information
www.clg-eluard-bollene.ac-aix-marseille.fr farenelly@yahoo.fr

24 pupils and three teachers
created a new object and won the
science competition "CGénial" in
Paris in May 2014.

A project that kept evolving thanks
to the pupils' ideas, knowledge and
needs.

Picture number one:

We created a model to help people
making well-balanced menus.

Thanks to a gear set, you can play
and turn the discs in order to get a
full menu. There are more than
100,000 different possibilities.

There are six discs (with the food
colour code) and a glass of water
representing the seven food groups.

Picture number two:

We also created removable sheets to
put in the model. Sheets that can be
different according to diseases (for
example diabetes, high cholesterol,
gluten intolerance...) and according
to the season (spring/ summer or
autumn/ winter).

On these sheets, you can either read
French or English words or see
pictures representing the food.

Picture number three:

The final step of our project was to
make it smaller, like a pad.
This device can be used by anybody.
Everybody can take it everywhere
and thus make healthy meals or well-
balanced menus adapted to a specific
disease.

Food is very important, especially in
France that's why eating properly is a
goal to achieve in everyday life.
Hopefully, our model will be USEFUL!